




# LÉA POUCHAIN

I am currently in my first year of a higher technician diploma in international trade and I am looking for an internship in a company.






## Contact

-  Pouchain Léa, 18 years old
-  (0033)610966966
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-  20 Chemin Des Préharts, 91370 Verrières Le Buisson, France

## Languages

- French C2 
- Spanish B2 
- English B1 


## Skills


- Word 
- Reactivity 
- Teamwork 
- Microsoft 
- Versatility 


## INTERESTS

- Body building for 2 years
- Creative arts
- Travels: Italy, Spain, Portugal, Hungary, Netherlands
- I played tennis and danced for 5 years

## Work Experience

-  **Baby Sitting**  
Massy Since Sep 2021
  - Evening childcare: mealtimes, toileting, quiet activities, reading and bedtimes
  - Suggest age-appropriate play activities
  - Communication with parents on the progress of childcare

-  **Association Rallye Du Coeur- Volunteering**  
Paris Jun 2021
  - Helped prepare and set up an event to raise funds for the Rallye Du Coeur (fight against sick children's diseases)
  - Welcoming participants
  - Management of parking lot (250 vehicles)

-  **Nursery CAP Enfants - Trainee**  
Massy May 2019
  - Exchanges and communication with employees within the company
  - Looking after and managing children
  - Early learning-games

## Education and Qualifications

-  **Advanced technician's certificate in International Trade - In process**

Fustel de Coulanges, Massy, France  
*Sep 2023 - Jun 2025*

-  **Baccalaureate STMG**

Fustel de Coulanges, Massy, France  
*Sep 2022 - Jul 2023*