



JOIN OUR FOOD EVENT

EXPLORE JAPANESE FLAVORS!

Enrich your diet and make it healthier with
Japanese seasonings

OCTOBER 15, 2021

6:30 PM - 7:30 PM

IN-PERSON EVENT

Host: KNOT WORLD (<https://knotworld.jp/>)

Sponsor: Mitsui Fudosan (<https://www.mitsufudosan.co.jp/>)

Cooperation: NINBEN (<https://www.ninben.co.jp/>)



HEALTHY DAILY DIET WITH JAPANESE SEASONINGS

TO NIHONBASHI WORKERS AND RESIDENTS

We are going to hold 3 consecutive events in Nihonbashi featuring Japanese seasonings. "Food" is a key word to describe Nihonbashi, which has been flourished as a gourmet town since some 400 years ago.

You will have hands-on experiences to learn about Japanese seasonings more deeply for your daily diet. Japanese seasonings will enrich your diet and help make you healthier! And you will meet up with new friends in the event and will be a member of a new Nihonbashi community.

For the event we will invite specialists from such old-established companies that have been trading in Nihonbashi and you will learn from them about how to choose and how to use Japanese seasonings through talk session and workshop.

[Vol.1] October 15 18:30-19:30

<Theme> Katsuobushi (bonito flake)

<Venue> Nihonbashi Flatto

<https://www.flatto-nihonbashi.jp/>

<Fee> Free ※You will have a gift too!

<Contents>

- Talk session: History and manufacturing method of Katsuobushi
- Workshop: Shave katsuobushi, taste different kinds of katsuobushi based soup stock and quick cooking

[Vol.2] December 10 (for Japanese vinegar)

[Vol.3] February 4 (for sesame oil)



For more information and application please read the the QR code.

<https://blog.japanwondertravel.com/nihonbashi-event>

